



Voice of the Pupil

The SCHOOLS NorthEast Healthy MindED Commission recognised from the outset that great value could be derived from properly engaging pupils in the mental health debate.

Our “Voice of the Pupil” work is what emerged from this. This project uses small focus groups with pupils in school settings to explore their own experiences of mental health and shape school-based mental health interventions.

In March and April 2018 the initial piloting was completed across five North East schools, two primaries and secondaries and one special. The outcomes from the sessions were shared with delegates at the SCHOOLS NorthEast Healthy MindED conference on 24 May.

What comes next?

We now want to widen the study across 30 North East schools. Each school will be offered free training to carry out the focus groups in their own settings and be supported by a key partner from another school. A resource pack will also be provided.

The insight gained from these discussions will help inform school development plans in relation to mental health and also feed back to the Commission to allow for reporting at a regional and national level.

Register your interest!

Interested? To sign up or for more information e-mail SCHOOLS NorthEast’s Policy Officer Christopher Hawkins at c.hawkins@schoolsnortheast.com